

## What is BPH?

Benign Prostatic Hyperplasia (BPH) is an enlargement of the prostate gland affecting about 50% of men by age 60, and up to 90% of men by age 85.<sup>1</sup> This enlargement can compress the urethra, reducing the flow of urine from the bladder, and sometimes blocking it entirely.

The symptoms of BPH include:

- Urinary frequency
- Irregular flow
- Urgency
- Weak stream
- Straining
- Getting up at night to urinate

## Treating BPH

Not ready for surgery, but don't want to be on medication? Water Vapour Therapy is an option designed to reduce BPH symptoms in men with enlarged prostates – without the side effects of BPH medications.

Talk to your doctor to see which BPH treatment is right for you.

\*Dependent on individual clinical situation and healing response.

1. Rees J, Bultitude M, Challacombe B. The management of lower urinary tract symptoms in men. *BMJ*. 2014;348:g3861.
2. McVary KT, Gange SN, Gittelman MC, et al. Minimally invasive prostate convective water vapour energy (WAVE) ablation: A multicentre, randomised, controlled study for treatment of lower urinary tract symptoms secondary to benign prostatic hyperplasia. *J Urol*. 2016 May;195(5):1529-38.

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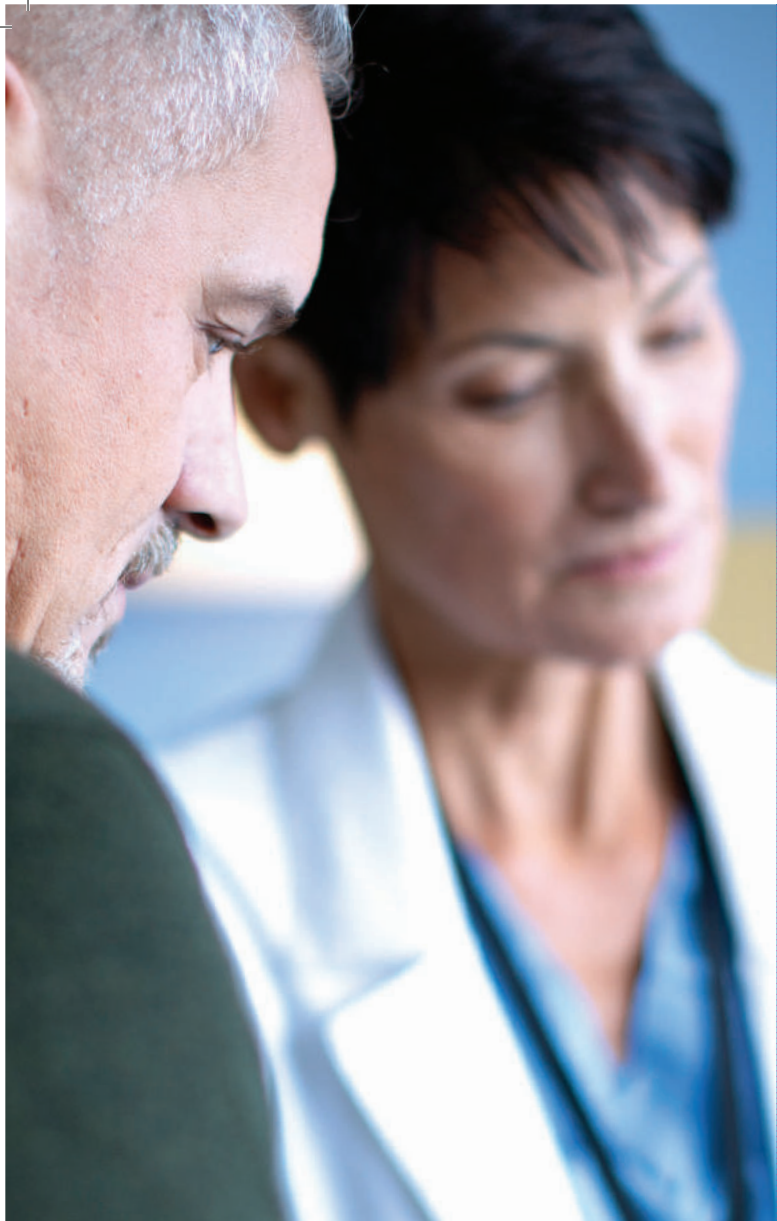
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**A minimally  
invasive treatment  
for Benign Prostatic  
Hyperplasia (BPH)**

Water Vapour Therapy



## See the difference

Water Vapour Therapy uses the natural energy stored in water vapour, or steam. Clinical studies show a positive safety profile with the ability to relieve symptoms associated with BPH.<sup>2</sup>

During each 9-second treatment, sterile water vapour is released throughout the targeted prostate tissue. When the steam turns back into water, all the stored energy is released, causing the cells to die.

Over time, your body's natural healing response removes the dead cells, shrinking the prostate. With the extra tissue removed, the urethra opens, reducing BPH symptoms.

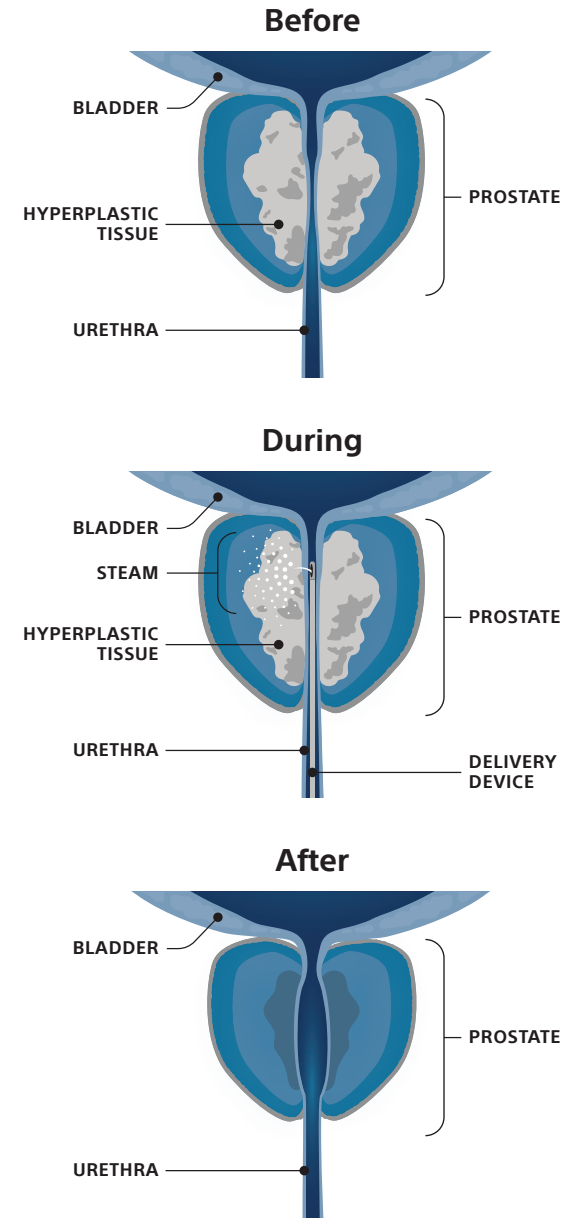
Most patients begin to experience symptom relief in as soon as two weeks, and maximum benefit may occur within three months. Patient responses can and do vary.

**90%**

of men aged 50 to 85 years suffer from potentially troublesome BPH<sup>1</sup>

**24 million**

men in Europe are affected by BPH<sup>1</sup>



*The number of water vapour treatments varies depending on the size of the prostate. The procedure is done during one appointment. The images above are intended to show how the procedure works, not to provide an exact representation of patient results.*